



Places Where We Dream

Prompt Sheet

This prompt sheet is intended to get the creative juices flowing! By the end of this worksheet you should have enough material to craft your own unique poem. Turn off the television, disconnect the Internet and get writing!

- **Write down 10 words you associate with the word 'Dream'.**
- **Write down three objects you associate with any of the words.**
- **Are there any memories that come to mind? If so, focus on one or two. Write them down, just how you recall them. Use your senses.**
 - Were there any smells?
 - What time of day was it?
 - What was the weather like?
 - How did the light look?
 - Who were you with?
 - Were there any textures or materials you were in touch with?
- **Are there any emotions that come up?**
 - Write them down.
- **Free write!** Write down absolutely anything that's in your head. Don't worry about spelling, grammar, making sense or making it sound good. Free writing helps your mind unload, and focuses your thoughts!

Get writing! Do not worry about form, rhyming or stanzas. There's no rules to a good poem. As Charles Bukowski put it, 'As the spirit wanes, the form appears.'